

The logo for the Adolescent Trauma Treatment Program (ATTP) features the letters 'ATTP' in a bold, blue, sans-serif font. A horizontal line extends from the right side of the 'P' across the page.

## adolescent trauma treatment program

The Adolescent Trauma Treatment Program (ATTP) was established in October 2003 at the Mental Health Center of Dane County, Inc. The mission of ATTP is to improve the quality and availability of mental health services for traumatized adolescents in Dane County.

ATTP services are provided in schools, in families' homes, at other community locations, and at the Mental Health Center of Dane County, Inc.

### Services

- Short-term assessment and crisis services
- Longer-term trauma focused treatment
- Individual, family, and group therapy
- Psychiatric services
- Trainings for professionals about trauma

### Who can receive ATTP services?

Adolescents aged 11 to 17 who have experienced one or more traumatic events in their lives. Family members are encouraged to participate.

Access to ATTP services may be limited by some insurances. Medical assistance is accepted. Sliding scale (down to zero fee) is based on ability to pay.

Supported through a grant from the Substance Abuse and Mental Health Services Administration, US Department of Health & Human Services Grant No. 1 U79 SM56079-01.

### Accessing Trauma Services

- To make a referral call: (608) 280-2710.
- For crisis services call Youth Crisis at: (608) 280-2610.
- For ATTP Information: (608) 280-2559.

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## National Child Traumatic Stress Network

With funding from the federal Substance Abuse and Mental Health Services Administration (SAMHSA), the National Center for Child Traumatic Stress was established at Duke University and UCLA in 2001. Through additional grant funding, SAMHSA has established a coalition of 54 trauma treatment centers throughout the United States, collectively known as the *National Child Traumatic Stress Network (NCTSN)*.

The Adolescent Trauma Treatment Program is one of the 54 sites.

The mission of the NCTSN is to raise the standard of care and improve access to services for traumatized children, their families, and communities throughout the United States. The Network disseminates evidence-based treatments; collects data; educates professionals and the public about the effects of trauma on children and adolescents; and promotes national-level policy change.

To learn more about the National Child Traumatic Stress Network, visit their website: [www.nctsn.org](http://www.nctsn.org) or contact a staff person at ATTP.



## **Types of Adolescent Trauma**

- physical, sexual, or emotional abuse
- physical or emotional neglect
- witnessing violence
- car accidents
- man-made or natural disasters
- refugee trauma
- medical trauma

## **Trauma Facts**

- More than one in four American children will experience a serious traumatic event by their 16th birthday.
- Girls are at greatest risk of sexual abuse between 9 and 12 years of age. One in four girls will be sexually assaulted in her lifetime; one in six boys will be sexually assaulted in his lifetime.
- A study of adolescents in 1995 showed that 48% had witnessed violence in their home, school, or community.
- In the United States, car accidents are the leading cause of death in adolescence.
- In Wisconsin in 2002, car accidents involved 10,000 teen drivers. Of those accidents, 2,124 involved passenger fatalities or injuries.
- 70% of adolescents who abuse drugs and/or alcohol have experienced traumatic events.
- In the U.S., nearly 10% of high school students report that they were threatened or injured with a weapon at school in the previous year.

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Mental Health Center of Dane County, Inc  
[www.mhcdc.org](http://www.mhcdc.org)

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